

Capistrano Valley High School

2026 Football Parent Packet

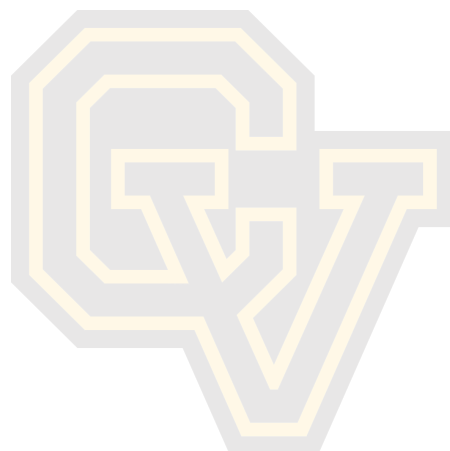
Welcome to the 2026 Season!

My staff and I are excited to lead Capo Football for another year and the 2026 season ahead. As we begin to look at spring, summer and fall, our focus will be on building men of high character, the importance of success both on the field and in the classroom, and striving to be a positive influence in our community.

Please carefully review the information in this packet. I understand questions will come up and you may need additional guidance. My door is always open, along with our amazing group of Booster Club parents. You will find all our contact information included, along with important dates and details for spring & summer camp, and the fall season.

Go Cougs!

- Coach Curtis



General Information

Head Coach for Capo Valley Football

Sean Curtis | coachseancurtis@gmail.com

Executive Board for CVHS Football

Carey Pineda, President | President@capofootball.com

Kim Crow, Co-Vice President | Fundraising@capofootball.com

Laura Buchanan, Co-Vice President | Fundraising@capofootball.com

Kristin Anderson, Treasurer | Treasurer@capofootball.com

Josie Roemhild, Secretary | Info@capofootball.com

Carly Curtis, Director of Football Operations | carlymcurtis@gmail.com

Social Media

Facebook: @capovalleyhsfootball

Twitter: @capofootball

Instagram: @capovalleyhsfootball



Program Updates from Head Coach, Coach Curtis, will be sent out weekly on Sundays, via BLAST Athletics App.

2026 Football Donations & Due Dates

Spring Camp

Requested Donation **\$360*** (Cash/Check/Zelle Discount - \$350)

Due: April 12, 2026



Summer Camp

Requested Donation **\$465*** (Cash/Check/Zelle Discount - \$450)

Due: June 17, 2026

*First set of Battle Spirit Pack included with full donation by due date

Fall Football Program

Requested Donation **\$930** (Cash/Check/Zelle Discount - \$900)

Due: July 27, 2026

Hawaii Trip (Hawaii Roster Only)

\$1700 (Cash/Check/Zelle Discount - \$1650)

Payment Schedule to follow

Additional Battle Spirit Packs (Order extra sets during summer/fall registration)

Battle Practice Shirt - \$40

Battle Practice Short - \$40

The following methods of payment are accepted:

Cash

Check - Payable to CVHSFBA

Zelle - treasurer@capofootball.com

Credit Card/Paypal - www.capofootball.com, click DONATE NOW

**Please contact our Treasurer if you need financial assistance or a payment plan:
Treasurer@capofootball.com**

****All donation payment plans must be completed by October 1st, 2026****

Please note: that the Constitution of the State of California requires that we provide a public education to you free of charge. Your right to a free education is for all school/educational activities, whether curricular or extracurricular, and whether you get a grade for the activity or class. Subject to certain exceptions, your right to a free public education means that we cannot require you or your family to purchase materials, supplies, equipment or uniforms for any school activity, nor can we require you or your family to pay security deposits for access, participation, materials, or equipment.

12th Man Membership

\$1800 Donation (*excludes Hawaii donations*)

Includes Basic Membership PLUS:

- Two Tickets to each Home Game
- Preferred VIP Parking for 1 car to each Home Game
- Two Sideline Passes to each Home Game
- One Game Day Program at each Home Game
- \$50 Spirit Wear Voucher
- 2 Meal Vouchers (redeemable at snack bar) at each Home Game

This donation level may be achieved by any combination of:

- Summer/Fall Donation (*excludes Hawaii donations*)
- Blast fundraising over \$400 goes toward Summer or Fall Player Donation
- Sponsorship/Advertising Donations (see chart)

Sponsorship/Advertising:	Sponsor Cost:	Player Credit:
Gold Level Sponsorship	\$1800	\$1800
Black Level Sponsorship	\$1200	\$1080
Program Full Page Ad	\$750	\$675
Program 1/2 Page Ad	\$400	\$360
Program 1/4 Page Ad	\$200	\$180
Program Business Card	\$100	\$90
Digital Scoreboard Advertisement	\$400	\$360
Online Advertising	\$250	\$225
3' x 8' Field Banner	\$525	\$475

**** Golf Tournament & other fundraising will NOT be applied to Summer or Fall donation fees.**

Any advertising dollars you bring in will be credited toward your SUMMER and/or FALL Player Donations at the above mentioned amounts.

Player Sponsorships: Do NOT CALL LIST

Business Name

- 3N1 Motorsports
- Alberto Tacos, Mission Viejo Ca
- Apex Design Worx, Upland Ca
- Baja HQ \$600
- Bodyrok Pilates Studio, Mission Viejo Ca
- Bremer,Whyte Law Firm, Newport Beach Ca
- Bricco Cucina, Laguna Niguel Ca
- Brio Wealth Management, Newport Ca
- Capo VW Mazda, San Juan Capistrano Ca
- Chamberlin Care, Ladera Ranch Ca
- Chick's Plumbing, Capo Beach Ca
- Dentistry 4 Kids & Orthodontics, Mission Viejo
- Dr. Jason Liauw, DDS, Laguna Beach Ca
- Edward Jones/Charles Gustafson, Orange Ca
- Eli Orthodontics, Lake Forest Ca
- Elks Lodge MV #2444, Mission Viejo
- Food by Joey, Mission Viejo Ca
- Francos Famous, Laguna Hills, Ladera Ranch, & San Clemente Ca
- Hannah Law, Irvine Ca
- Ina Rochester Realtor/Anvil Real Estate, Laguna Niguel Ca
- Lava Island BBQ, Mission Viejo Ca
- Legendary Cal Rep Windows and Doors, Anaheim Ca
- Los Angeles Chargers, Los Angeles Ca
- Marguerite Dental, Mission Viejo Ca
- Master Builders of America, Dana Point Ca
- Master of Meals, Dana Point Ca
- Membrila Insurance Services Inc, Lake Forest Ca

- Menifee Valley Air Conditioning
- Miller Orthodontics, Aliso Viejo
- Millers Woodworking
- Mission Viejo Kia, Mission Viejo Ca
- Pacific Coast Paintless Dent Removal, Mission Viejo Ca
- Pro Sports PT San Juan Capistrano, San Juan Capistrano Ca
- Rainbow Sandals, San Clemente
- Raising Canes, Mission Viejo Ca
- Ross Legacy Medical Group, Mission Viejo
- Rubino's Pizza, Mission Viejo Ca
- Ryde Auto, Trabucco Canyon Ca
- Salt Creek Grille, Dana Point Ca

- Santa Margarita Ford/Toyota, Santa Margarita Ca
 - Say Cargo Express, Inc, Anaheim Ca
 - Seabreeze Property Management Company, Inc., Aliso Viejo Ca
 - Simpson Chevrolet of Irvine, Irvine Ca
 - Smart Systems Technologies, Inc., Irvine Ca
 - Smiles 4 OC, Costa Mesa Ca
 - South OC Pediatric Dentistry & Orthodontist, Mission Viejo Ca
 - Stifel, Newport Beach Ca
 - The Cuthbertson Family, Mission Viejo Ca
 - The Loft Crafters, Irvine Ca
 - The Shirt Cannery, Mission Viejo Ca
 - TPMS, Santa Ana Ca
 - UPS Store, Laguna Woods Ca
 - Vine, Ironwood, Olea, Sapphire & Bloom, San Juan Capistrano Ca
 - X-anna Inc, Calimesa Ca
 - Zone57 Digital Media, Dana Point Ca
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Meal Trade Sponsorships: Do NOT Call List

- All Star Pizza
- Aloha Stacks
- Bagels and Brew
- Board & Brew
- Chick-fil-A
- Hana's
- Jersey Mike's
- Outback
- Subway
- Tacos & Co

2026 Fundraising Opportunities

In order to meet our expenses for quality coaching, player safety and operational costs, we are asking each family to participate in the following fundraisers.

We provide many different ways for your player to contribute:

- Popcorn Fundraising (3 Day event) April 2026
- Blast Fundraising - Begins May 2026
- Golf Tournament - Saturday, August 8, 2026
- Monthly Restaurant "Dine Outs"
- See's Candy Fundraiser
- Snack bar at all Home Games (donate items &/or give your time)
- Ralphs Community Rewards: select **Capistrano Valley Football Boosters**

More information on the individual fundraisers will be provided as they come up, and you will find more info on our current fundraisers on the next few pages.

Support our Ralph's Rebate Programs – it's FREE for you and helps us raise funds!! All family and friends can participate!

****Ralphs card must be re-registered every year****

1. Go to www.ralphs.com
2. Create a digital account or login
3. Click on your name and select 'My Account' (in the top right-hand corner)
4. Select Ralphs Community Rewards (bottom of page or menu on the left)
5. Scroll to bottom of page and select – *Capistrano Valley High School Football Boosters (or organization number PX277)*

Ralphs Community Rewards



Ralphs



2026 Important Dates

Monday, March 16	Parent Meeting - Returning Players Only
Sunday, April 12	Spring Donation Due \$360 (Cash/Check/Zelle Discount - \$350)
Monday, April 13	First Day of Spring Camp
<p>Spring Camp: April 13 - May 21 (Mondays & Thursdays, 3:30 - 6:00pm)</p> <p>and the following dates:</p> <p>May 6th - SHOWCASE vs. Edison (All Varsity Players) May 16th - AIR STRIKE TOURNAMENT (Varsity Skill players only) May 21st - SHOWCASE @ San Clemente (All Varsity Players)</p>	
Monday, April 27	Hawaii Roster Only Payment #1 Due Nonrefundable \$515 (Cash/Check/Zelle Discount - \$500)
Monday, May 4	Incoming Freshman Parent Meeting
Friday, May 22	Spring Game & BBQ (All Players)
May 26 - May 29	Max Testing during class periods
Friday, May 29	Hawaii Roster Only Payment #2 Due \$595 (Cash/Check/Zelle Discount - \$575)
June 1 - 21	FINALS / CIF DEAD PERIOD No Practice
Wednesday, June 17	Summer Donation Due - 1 Case of Gatorade and Water \$465 (Cash/Check/Zelle Discount - \$450)
Monday, June 22	First Day of Summer Camp
<p>Summer Camp: June 22 - July 23 (Mondays - Thursdays at 7 - 11:30am) unless specified otherwise (below) for Holidays and Breaks. 7v7 Tournaments will be held Fridays & Saturdays. See schedule on page 8.</p>	
July 3 - 5	HOLIDAY BREAK No Practice (resumes Monday, July 6)
Wednesday, July 8	Cougar Camp - Details to follow

Friday, July 10	Hawaii Roster Only Payment #3 Due \$595 (Cash/Check/Zelle Discount - \$575)
TBD	Senior Photos - 12:30pm
Thursday, July 23	Beach Workout - Details to follow
Monday, July 27	Fall Camp (Helmets) Mandatory for ALL PLAYERS
Monday, July 27	Banners/Ad Sales Due d
Monday, July 27	Fall Donation Due \$930 (Cash/Check/Zelle Discount - \$900)
July 27 - August 6	Fall Camp (Mondays - Fridays, 8 - 11am)
Saturday, August 1	Picture Day - ALL LEVELS, 7:30am
Saturday, August 1	Dad's Huddle - 10 am. Details to follow
Saturday, August 8	Golf Tournament - Details to follow
Starting Monday August 10	Practice in afternoons from 3-6pm
August 12 - August 16	Hawaii Trip (Hawaii Roster Only)
Friday, August 28	Game 1, Home

www.capofootball.com/calendar

Summer Passing Leagues + Lineman Workouts

Period	Level	Date	Type	Opponent	Home / Away	Location	Time	Notes
Spring	Varsity + JV	2/28-3/28	Puma	4 Vertical Season + Tournament	Away	N/A	N/A	Skill + Lineman
Spring	Varsity	5/6	Showcase	Edison	Home	CVHS	5:00 PM	Skill + Lineman
Spring	Varsity	5/16	Tournament	Air Strike	Away	Dana Hills HS	8:00 AM	Varsity Skill
Spring	Varsity	5/21	Showcase	Air Strike	Away	SCHS	6:00 PM	Skill + Lineman
Summer	Varsity	6/23	4-Way	Irvine, El Modena, Fullerton	Away	Irvine HS	5:00 PM	Varsity Skill
Summer	JV	6/25	Tournament	Air Strike	Away	Dana Hills HS	8:00 AM	Varsity Skill
Summer	Freshman	6/26	Tournament	Air Strike	Away	Dana Hills HS	8:00 AM	Cost = \$250
Summer		6/30		TBD				
Summer	Varsity + JV	7/2	1-Way	Mission Viejo	Home	CVHS	5:00 PM	Skill + Lineman
Summer	Freshman	7/7	1-Way	San Juan Hills	Home	CVHS	4:00 PM	Skill + Lineman
Summer	Varsity + JV	7/7	1-Way	San Juan Hills	Home	CVHS	5:30 PM	Skill + Lineman
		7/9		TBD				
Varsity	Varsity	7/11	Tournament	Battle at the Beach	Away	Edison	8:00 AM	Skill Only
		7/14		TBD				
		7/16		TBD				
Varsity	Varsity	7/18	Tournament	South County Passing Tournament	Away	MVHS	8:00 AM	Skill + Lineman

2026 Varsity Schedule

Capo Football							
Week	Game	Opponent	Home / Away	Type	Time	Location	Date
-	Scrimmage	San Clemente	Home	Scrimmage	7:00 PM	CVHS	8/7/26
Week 00	Game 1	Damien (HI)	Away	Non - League	7:00 PM	Honolulu, HI	8/14/26
Week 0	Bye Week						8/21/26
Week 1	Game 2	Downey	Home	Non - League	7:00 PM	CVHS	8/28/26
Week 2	Game 3	Great Oak	Home	Non - League	7:00 PM	CVHS	9/4/26
Week 3	Game 4	Long Beach Milikan	Away	Non - League	7:00 PM	Milikan HS	9/11/26
Week 4	Game 5	Venice	Away	Non - League	7:00 PM	Venice HS	9/18/26
Week 5	Bye Week						9/25/26
Week 6	Game 6	La Habra	Home	League	7:00 PM	CVHS	10/2/26
Week 7	Game 7	Crean Lutheran	Away	League	7:00 PM	Crean HS	10/9/26
Week 8	Game 8	Corona Del Mar	Home	League	7:00 PM	CVHS	10/16/26
Week 9	Game 9	Villa Park	Home	League	7:00 PM	CVHS	10/23/26
Week 10	Game 10	Tustin	Away	League	7:00 PM	Tustin HS	10/29/26
Week 11	Game 11	CIF Round 1	-	Playoffs			11/6/26
Week 12	Game 12	CIF Quarter-Finals	-	Playoffs			11/13/26
Week 13	Game 13	CIF Semi-Finals	-	Playoffs			11/20/26
Week 14	Game 14	CIF Finals	-	CIF - Finals			11/27/26
Week 15	Game 15	State Regionals	-	Playoffs			12/4/26
Week 16	Game 16	State Finals	-	State - Finals			12/11/26

2026 JV Schedule

Capo Football							
Week	Game	Opponent	Home / Away	Type	Time	Date	Location
-	Scrimmage	San Clemente	Home	Scrimmage	6:00 PM	8/7/26	CVHS
Week 00							
Week 0	Game 1	TBD					
Week 1	Game 2	Downey	Away	Non - League	3:15 PM	8/27/26	Downey HS
Week 2	Game 3	Great Oak	Away	Non - League	4:00 PM	9/3/26	Great Oak HS
Week 3	Game 4	Long Beach Milikan	Home	Non - League	3:15 PM	9/10/26	CVHS
Week 4	Game 5	Venice	Home	Non - League	3:15 PM	9/17/26	CVHS
BYE WEEK						9/25/25	
Week 6	Game 6	La Habra	Away	League		10/1/26	La Habra HS
Week 7	Game 7	Crean Lutheran	Home	League	3:15 PM	10/8/26	CVHS
Week 8	Game 8	Corona Del Mar	Away	League		10/15/26	CDM HS
Week 9	Game 9	Villa Park	Away	League	3:15 PM	10/22/26	CVHS
Week 10	Game 10	Tustin	Home	League	3:15 PM	10/28/26	CVHS

