

CAPISTRANO VALLEY HIGH SCHOOL

2021-22 ATHLETIC CLEARANCE CHECKLIST

1. Visit www.athleticclearance.com

2. **Review** the tutorial video for a quick reference instructional guide.

3. **CREATE an account.** Click the “register” link to start an account. Provide a valid email address & password.

Note: It's important that you include a valid email address because email verification is required prior to registration.

4. Once you create an account you will receive a code (via email or on screen). Enter this code to continue the process.

If the email is not in your inbox, make sure you check your junk or spam folder. After you click on the link, you will be able to start the clearance process.

5. Now **LOGIN** at www.athleticclearance.com using the username & password you created via the instructions above.

6. **SELECT** the “New Clearance” button (upper left corner) to get started.

7. **SELECT** the year **2021-2022**, Capistrano Valley High School, and also your **first season sport**.

8. **Section #1: Student Information**

a. **COMPLETE** all required fields.

b. **INSURANCE-** All athletes are required to have insurance. *(If you would like to obtain insurance, please visit myers-stevens.com)*

Note: You MUST upload your physical form. You will need to scan/take picture of the form and then upload it from your own PC. Please keep your original physical form for your own records.

9. **Section #2: Medical History.**

COMPLETE all required fields

10. **Section #3: Parent/Guardian Information**

COMPLETE all required fields

11. **Step #4: Signatures**

a. **Parent/Guardian Signature:** Initial all forms

b. **Student Signature:** Initial all forms

c. Click **SUBMIT**

12. You will receive an email that you must print

out and sign, verifying each form you have given consent to. **Please return the signed consent form only** to the Athletic Trainers office to acknowledge the completion of the online process. The athletic trainers office will “clear” each student online and a confirmation email will be sent.

-Multiple Sport Athletes- Once you complete registration, you can select more than 1 sport when the choices are made available, thus saving time for multiple sport athletes.

-Transfer Students- Each CIF section requires special forms when a student is transferring from one school to another. Make sure you are adhering to all of the eligibility and transfer rules. The online athletic clearance process may not be the only forms you are required to complete.



Sports Physicals

No appointment necessary—Walk Ins Welcome

\$40

South Coast Medical Group
will donate

\$20

of this fee will back to your
schools athletic department.

**Support
Your Team**

South Coast
MEDICAL GROUP

Family Care  Urgent Care
Sports Care

Aliso Viejo, 5 Journey Suite 130 (next to the library)

949-389-8969

Mon-Fri 8am to 7pm

Sat. 9am to 3pm Sun. 10am to 3pm

www.ocfamilydocs.com

Name: _____ Consent / Patient Info
School Capo Valley HS Sport to donate to: _____

Parent Guardian Name: _____ Contact Phone Number _____

Address: _____ City _____ Zip: _____

I authorize South Coast Medical Group and it's associates to perform a sports physical on my child

Parent Guardian Signature

Date

***Any minor not accompanied by a parent / guardian must have this form signed